

Partners - NOT Roommates! How established, mature, independent couples, keep love fresh by living apart.

If you thought that 'living in' is the new fad of the generation, then this should come as news to you - there are more established, mature, committed couples that live apart as there are that live together! But, instead of taking the easy way out and staying together, why do these couples choose to go the other way? Wouldn't maintaining the relationship by staying apart be a lot tougher?

Not according to some people! Some people claim that mature couples that stay apart are happier couples. The key to a happy relationship is to stay separately, which would mean separate cars and of course separate bedrooms. There are many couples that feel that living separately can keep the romance alive. From having dinner apart to even taking separate vacations, these modern day couples are stopping at nothing to keep their relationships together.

Since the times of Adam and Eve, couples that are living together have been having petty squabbles over insignificant issues, which can seriously constrain even the strongest of relationships. Yes, staying apart does have its very own set of benefits.

According to surveys, mature, independent couples that stay apart to keep the love fresh are now a growing phenomenon and the trend is growing so fast that it has now been given its own acronym. Living Apart Together (LAT) is when two people are in a strong and committed relationship but chooses to live apart instead of together. There are more than 2 million mature, senior couples that are living apart.

Couples of many years have confessed that though they love each other very much, they can't really stand living with each other. From a difference in habits to a difference in opinions, differences between the two individuals will always crop up at every point in their relationships. So, the best way to deal with this would be to stay separately.

The best way to keep such a relationship alive is to come to an agreement about certain arrangements. Once you have come to an agreement with your beloved, your relationship will work better. Most people live together because the time and financial resources are limited. These couples feel that one house is a lot more affordable than two or it would be easier to clean and cook for two than for one person. However, the times have changed. The more money you earn, the less it matters. The mature adults of today are all pretty well off and are realizing that the independence and the space that comes with staying apart can be very healthy for any relationship.

However, staying apart is not because of an increase in individualization or a lack of commitment, but the reason for taking such a decision is to do with caution.