

Keep the romance alive - how 'living in' can spice up your life and keep you young at heart

All love stories don't necessarily have to end with the 'getting married and living happily ever after' tag. Yes of course, there are many people these days that find themselves left alone again after many years of being happily married or in a happy relationship either because of the passing away of their partner or due to a divorce. Most unattached seniors who are faced with the sudden shock of being single and lonely again are either devastated or traumatized for life. If you have experienced any of this, then you don't have to punish yourself by being lonely all your life. These days, more and more unattached, mature, independent adults are looking out for partners, as they are not ready to live lonely lives. Remember, never give up on love! Just because you are not young in age doesn't mean you don't have to be young at heart! Yes, life is a roller coaster; you've got to ride it, and enjoy it!

Whoever said that 'living in' was only something that the young folks did? Nowadays, there is an increasing number of older, more mature and independent couples who have turned to 'living in' to add that extra spark and romance to their relationships. Yes, building and maintaining a relationship is definitely not an easy task. Even after years and years of living together, most couples are still struggling to deal with their differences that become more obvious since they are staying together. The key to keeping any relationship alive is patience.

For years now, people have looked down on this whole concept terming it as a sure shot way to kill the passion and romance in any relationship. Despite all the controversies surrounding this whole concept of living in, couples that have been in such relationships will tell you that living together can indeed keep the passion alive. Have you ever asked yourself if it is humanly possible to keep the romance alive in a cohabiting relationship? Although it can be quite challenging, it isn't impossible. Like anything that is valuable and precious, it takes patience, time and loads of attention to create a magical relationship if you're living in with the love of your life. But, like everything valuable, it doesn't come easily. You have to work hard to create that magical effect.

Myths will have you believe that the day-to-day routine of living with your partner can be mundane and boring. On the contrary, these day-to-day routines can help build intimacy instead of destroying it. That is only if you make time to be caring and intimate with your partner on a daily basis. From dealing with your partners little quirks and idiosyncrasies to making these same idiosyncrasies endearing to you, a live in relationship can be very fulfilling and gratifying.

Here's what a live in relationship can do to add that little spark to our lives:

When you think of it, life hands us joy in different shapes and forms. It is entirely up to us to appreciate and savor these little pleasures. The best part about living